

Detailed Description of the KOSA-Recognized Tiered Training Program

The tiered course recognized by KOSA is a systematically structured training program designed to develop a profound understanding of Orff-Schulwerk pedagogy as well as the ability to apply it in practice. Each level builds upon the previous one, gradually increasing in complexity. The program focuses on fostering musical competence, creativity, and the didactic-methodological skills of adult learners.

Program Implementation and Requirements for Successful Completion

For the effective implementation of the Orff-Schulwerk certification program and to ensure sustainable learning outcomes, clearly defined operational guidelines and binding completion criteria are essential.

A. Admission Requirements

1. Academic and Musical Background

- A Bachelor's degree in Music or Education, or an equivalent qualification
- Alternatively: Professional experience in elementary music education or relevant practical experience

2. Prior Experience in Orff (Recommended)

- For applicants entering Level II or higher, participation in Orff workshops or conferences is recommended

B. Course Structure and Contact Hours

The Orff-Schulwerk certification program is designed as an intensive learning program.

LOCAL			ZENTRUM		
Level I	Conducted by the respective institutes	40 instructional hours	Master I	"Spring/Fall Course, Summer Course, International Seminar (inclusive)	90 hours
Level II		40 hours			
Level III		40 hours	Master II	Association Master Course	50 hours

***All hours stated in this curriculum are based on a 45-minute class period (1 class hour = 45 minutes).**

General Regulations

1.Flexible Scheduling

Courses that do not follow the 5-day model must still fulfill the required minimum number of hours.

2.Attendance and Dress Code

Regular attendance and active participation are mandatory. Comfortable, supportive shoes and loose, movement-friendly clothing are recommended.

C. Required Materials

Participants are required to prepare specific materials and/or assignments necessary for successful course completion.

1. Core Literature

- Music for Children, Vol. 1 (Carl Orff / Gunild Keetman, Murray Edition)
- Elementaria (Gunild Keetman)
- Rhythmische Übung (Keetman)

2. Instruments

- High-quality soprano recorder (resin, Baroque fingering)
- Alto recorder (mandatory from Level II)

3. Additional Materials

- Manuscript paper or music notation software
- Writing materials, eraser, ruler, colored markers
- A high-quality collection of children's poetry
- Foldable music stand (optional)
- Personal instrument (optional)
- Binder for printed materials

D. Completion Criteria

Successful completion of the course requires:

- 1.100% attendance (mandatory for certification and progression to the next level)
- 2.Timely and complete submission of all written assignments

E. Certification

The Orff-Schulwerk certificate is awarded only to participants who have successfully completed all three levels (Level I, II, and III).

Local Course 120 Contact Hours (equivalent to 90 hours based on 60-minute units)

The present training program comprises three levels (Level I, II, and III). Based on the philosophy of the Orff-Schulwerk, it provides fundamental techniques, theoretical knowledge, and pedagogical-methodological competencies. Its aim is to prepare participants to independently design and deliver qualified instruction as Orff educators in professional practice.

Time Structure

The Orff-Schulwerk Certificate Course is designed as an intensive learning program.

Total Duration: Each level of the KOSA Local Teacher Training Program consists of 40 contact hours.

Daily Structure: The regular daily schedule is organized to achieve a total of 40 contact hours. One contact hour is equivalent to 45 minutes.

Note: All contact hours in this curriculum are calculated on the basis of a 45-minute instructional unit. Therefore, 40 contact hours correspond to 30 clock hours (60-minute units).

Time	Course Content	Contact Hours per Day	Total Contact Hours (Based on 10 Days)
9:30-9:45	warm up	-	-
10:00-11:30	Basic (기본)	2.0	10.0
11:45-12:30	Recorder (리코더)	1.0	5.0
12:45-13:45	Lunch (점심)	-	-
13:45-15:15	Basic (기본)	2.0	10.0
15:30-17:00	Movement (움직임)	2.0	10.0
17:15-18:30	Special Topics	1.0	5.0
Total Contact Hours per Day		8.0	40.0

• **Flexible Scheduling:** Courses that do not follow the 5-day model must also fully meet the prescribed minimum number of contact hours; the schedule may be adjusted accordingly.

• **Attendance and Attire:** Regular attendance and active participation in class are mandatory. Comfortable, supportive footwear as well as loose, movement-friendly clothing are recommended.

A. Level I (40 Hours): Foundations of Orff-Schulwerk

The Level I course is intended for individuals with a musical background who wish to acquire fundamental knowledge and the pedagogical foundations of the Orff-Schulwerk approach. The focus is on engaging with the music and movement pedagogy of the Orff-Schulwerk.

Participants become familiar with the basic concepts of Orff-Schulwerk pedagogy and experience its fundamental principles in the areas of music, movement, and dance, as well as in the development and integration of improvisational skills and teaching methodologies.

1. Admission Requirements

- Completion of a Bachelor's degree in Music, Education, or an equivalent qualification.
- Alternatively: professional activity in the field of elementary music education or relevant practical experience.

2. Course Content

Principles and Philosophy

Introduction to the central principles of the Orff-Schulwerk approach, developed by Carl Orff and Gunild Keetman. The focus is on Elemental Music ("Elementare Musik") in connection with movement. Building upon the child's world of play, creativity is fostered, musical knowledge is developed, and musicality is cultivated.

Rhythm and Melody

Introduction to arranging and composition concepts using ostinati and the pentatonic scale. Rhythm is developed from natural speech patterns; melody emerges from natural speech intonation and gradually expands to simple intervals.

Movement

Exploration and development of a fundamental repertoire of creative movement and related techniques, including body percussion, creative dance, and traditional dances.

Instrumental Performance

Introduction to the technique and pedagogical function of the soprano recorder in music education. Participants are also introduced to Orff instrumental techniques, improvisation and composition, and orchestration within the Orff ensemble. The pentatonic arrangement of instruments facilitates improvisational performance.

Pedagogy

Introduction to fundamental teaching methods and strategies for classroom instruction.

3. Detailed Content

- I: Awakening hidden perceptual potential through integrated experiences of music, movement, and speech
- I: Technique and expression of movement
- I: Understanding fundamental instrumental techniques through exploration and practical performance
- I: Voice and body percussion as instruments – understanding and technique
- I: Singing according to melodic systems
- I: Accompaniment models using voice, body percussion, non-melodic instruments, and melodic instruments
- I: Improvisation and creative expression in music, movement, and speech
- Technique of soprano recorder playing

B. Level II (40 Hours): Development and Application

The Level II course is intended for individuals who have successfully completed a KOSA-recognized Level I course. In this course, the skills acquired in Level I are reviewed and further developed from a pedagogical perspective, with a focus on advanced concepts and their practical application.

Participants deepen their understanding of the core concepts of Orff-Schulwerk pedagogy and apply them in the areas of music, movement, and dance, as well as in the development and integration of improvisational competencies.

1. Admission Requirements

Successful completion of a KOSA-recognized Level I course.

2. Course Content

Deepening of Fundamental Principles

Continuation of the practical exploration of the principles of the Orff-Schulwerk and further development of acquired skills. Review of the content from Level I with a particular focus on the teaching and learning process.

Rhythm and Melody

Introduction to arranging and composition concepts based on modal scales. Exploration of diatonic modes and mixed meters, as well as the development of advanced orchestration models.

Movement

Further development of the creative movement repertoire through the inclusion of uneven step patterns and asymmetrical meters. Expanded movement experiences through games, folk materials, and small-group choreography.

Instrumental Performance

Pedagogical application of the soprano and alto recorder in educational settings.

Pedagogy

Focus on practical teaching applications, including mini-teaching sessions.

3. Detailed Content

- II: Awakening hidden perceptual potential through integrated experiences of music, movement, and speech
- II: Technique and expression of movement
- II: Understanding fundamental instrumental techniques through exploration and practical performance
- II: Voice and body percussion as instruments – understanding and technique
- II: Singing according to melodic systems
- II: Accompaniment models using voice, body percussion, non-melodic instruments, and melodic instruments
- II: Improvisation and creative expression in music, movement, and speech
- II: Performance and technique of the alto recorder

C. Level III (40 Hours): Integration and Certification

The Level III course is intended for individuals who have successfully completed a KOSA-recognized Level II course. In this course, the content and competencies acquired in Levels I and II are revisited and reflected upon from a pedagogical perspective. The goal is to demonstrate a comprehensive understanding of Orff pedagogy and to apply it systematically in practice.

Participants are able to implement the principles of the Orff-Schulwerk in a structured manner and independently design creative Orff-based teaching units.

1. Admission Requirement

Successful completion of a KOSA-recognized Level II course.

2. Course Content

Integration of Fundamental Principles

Review and integration of the competencies acquired in Levels I and II, with a particular focus on the teaching and learning process.

Rhythm and Melody

Advanced exploration of instrumental and vocal improvisation. Review and application of modal materials as well as functional harmony (I–V, I–IV, I–IV–V) within expanded orchestration models.

Movement and Recorder

Integration and application of advanced movement and recorder techniques.

Teaching Practice

Participants independently conduct teaching demonstrations and demonstrate their understanding of Orff pedagogy through practical application.

3. Detailed Content

- Re-evaluation and further development of the content from Level II
- Fundamental principles of lesson planning
- Presentation of teaching demonstrations with feedback
- Observation of practical teaching sessions and submission of a written report
- Conducting practical teaching sessions followed by feedback discussions

ZENTRUM Course – 140 Contact Hours (equivalent to 105 hours based on 60-minute units)

The ZENTRUM training program consists of two levels (Master I and Master II) and is intended for educators who have successfully completed the KOSA-recognized Local Course (Levels I–III) in its entirety. It represents an advanced qualification in which Orff-Schulwerk pedagogy is deepened, integrated, and professionalized according to international standards.

This course goes beyond the acquisition of technical skills alone. Its purpose is to develop a profound philosophical understanding of Orff pedagogy, artistic and integrative competence, and a professional identity as a leader, instructor, or lecturer in the field of Orff-Schulwerk.

A. Master I (90 Contact Hours): Advanced Development and Integrative Perspective

The Master I course builds upon the competencies acquired in the Local Course and connects the structure of Elemental Music ("Elementare Musik") with international materials, professional literature, and practical examples. Its objective is to foster an

advanced and reflective engagement with Orff-Schulwerk pedagogy at a professional level.

The course may be offered as a spring or autumn intensive course, a summer course, or as part of an international seminar.

1. Admission Requirement

Successful completion of all KOSA-recognized Local Course levels (Levels I, II, and III; a total of 120 contact hours).

2. Course Content

Theoretical Deepening

Advanced understanding of the philosophical foundations of Orff-Schulwerk pedagogy and their contemporary interpretation within current educational contexts. Based on the key writings of Carl Orff and Gunild Keetman, participants expand their understanding of the pedagogical and artistic significance of Elemental Music from the perspective of professional educators.

Rhythm, Melody, and Form

Deepening the understanding of musical structures through complex rhythms, mixed meters, and expanded modal scales. Exploration of composition and arranging based on various musical forms, as well as the expansion of musical thinking through improvisation.

Movement

Exploration of creative movement and improvisational forms of expression in close connection with musical structures. Experiencing the organic relationship between music and movement and understanding movement as an integrative form of expression.

Instruments and Ensemble

Advanced orchestration for the Orff instrumentarium and ensemble work with recorder groups to develop collective forms of improvisation. Conscious experience of sound balance and role distribution within the ensemble.

Pedagogy and Application

Design and implementation of Orff-Schulwerk instruction for different age groups and educational contexts. Reflection on pedagogical strategies from a professional perspective and further development of practical teaching competencies.

3. Detailed Content

- Deepening the understanding of Elemental Music through integrated experiences of music, movement, and speech
- Advanced improvisation and creative expression
- Analysis of international Orff repertoire
- Lesson planning and reflective practice from the perspective of a leader or instructor
- Participation in seminars and workshops with written documentation

4. Time Structure

The ZENTRUM Master Course is designed as an intensive program that enables an advanced and integrative engagement with Orff-Schulwerk pedagogy.

- **Total Duration:** ZENTRUM Master I comprises a total of **90 contact hours**.
- **Daily Structure:** The course is typically conducted over **10 days**, with **9 contact hours per day** (a total of 90 contact hours). One contact hour is equivalent to **45 minutes**.

Time	Course Content	Contact Hours per Day	Total Contact Hours (Based on 10 Days)
9:30-9:45	warm up	-	-
10:00-11:30	Core Studies (이론·구조)	2.0	20.0
11:45-12:30	Instrumental Practice (악기)	1.0	10.0
12:45-13:45	Lunch (점심)	-	-
13:45-15:15	Core Studies (리듬·멜로디·형식)	2.0	20.0
15:30-17:00	Movement & Integration (움직임·통합)	2.0	20.0
17:15-18:30	Special Topics	2.0	20.0
Total Contact Hours per Day		9.0	90.0

- **Flexible Scheduling:** The course is generally conducted as an intensive program. Depending on the educational objectives and organizational framework, the schedule may be adjusted; however, the prescribed total number of contact hours must be completed in full under all circumstances.
- **Attendance and Attire:** Regular attendance and active participation in class are mandatory. Comfortable, supportive footwear and loose, movement-friendly clothing are recommended.

B. Master II (50 Contact Hours): Practice-Oriented Creative Work and Assessment of Leadership Competence

The Master II course represents the final stage of the ZENTRUM program and serves to assess participants' integrative competence and leadership qualifications as Orff-Schulwerk educators.

The course is conducted as a Master program organized by the Association and focuses on practical application in authentic teaching contexts as well as evaluative procedures. In addition, it includes the design, implementation, and further development of an original artistic-pedagogical project.

1. Admission Requirement

Successful completion of ZENTRUM Master I.

2. Course Content

Integrative Theory

Systematic reconstruction of Orff-Schulwerk pedagogy with the aim of deepening participants' professional identity as educators. The central concepts and philosophical foundations are integrated and serve as the basis for the structured design of teaching content and instructional processes.

Lesson Planning and Instruction

Introduction to the fundamental structure of short- and long-term lesson planning for various target groups, including preschool children, school-age children, and adults. Reflection on how the principles of the Orff-Schulwerk are implemented in practical teaching situations and expansion of perspectives regarding diverse educational contexts.

Practice and Evaluation

Through teaching demonstrations and real classroom presentations, participants apply course content in practice. Based on these experiences, they engage in structured feedback processes and develop a reflective and objective perspective on their own teaching practice.

Professional Reflection

Examination of one's own educational philosophy in order to strengthen a professional identity as an Orff-Schulwerk educator. Learning processes and experiences are systematically documented in the form of an essay or portfolio, and future directions for professional development are articulated.

Artistic-Creative Project and Presentation

Design and implementation of an integrative artistic project that combines music, movement, and speech while reflecting the principles of Elemental Music. The project is developed individually or in small groups, presented publicly, and reflected upon through dialogue with colleagues and experts in order to broaden both artistic and pedagogical perspectives.

3. Detailed Content

- **Integration and restructuring of the content from Master I**
- **Development of advanced instructional concepts**
- **Teaching demonstration at a leadership level**
- **Collegial and professional feedback on teaching demonstrations**
- **Development and presentation of an integrative artistic project (Music–Movement–Speech)**
- **Report on practical application and written reflection**
- **Final evaluation and certification assessment**

4. Time Structure

The ZENTRUM Master II is designed as an intensive course that systematically consolidates the content of Orff-Schulwerk pedagogy and further develops professional and reflective competencies at a leadership level.

- **Total Duration:** ZENTRUM Master II comprises a total of **50 contact hours**.
- **Daily Structure:** The course is typically conducted over **5 days**, with **10 contact hours per day** (a total of 50 contact hours). One contact hour is equivalent to **45 minutes**.

Time	Course Content	Contact Hours per Day	Total Contact Hours (Based on 5 Days)
9:30-9:45	warm up	-	-
10:00-11:30	Integrated Studies	2.0	10.0
11:45-12:30	Instrumental & Vocal Practice	1.0	5.0
12:45-13:45	Lunch (점심)	-	-
13:45-15:15	Core Studies	2.0	10.0
15:30-17:00	Teaching Practice	2.0	10.0
17:15-18:30	Reflection & Special Topics	2.0	10.0
18:45-19:30	Seminar / Discussion	1.0	5.0
Total Contact Hours per Day		10.0	50.0

Flexible Scheduling and Participation

- **Organizational Flexibility:** The implementation of the course may be adapted according to educational objectives and organizational circumstances; however, the prescribed total number of contact hours must be fulfilled in full under all circumstances.
- **Attendance and Attire:** Regular attendance and active participation in class are mandatory. Comfortable, supportive footwear and loose, movement-friendly clothing are recommended.

Final Assessment

Assessment Criteria

The Master II course represents the final phase of the ZENTRUM program and serves as a comprehensive evaluation of participants' integrative competence and leadership qualifications as Orff-Schulwerk educators.

Assessment is conducted as a holistic evaluation that takes into account practical application, artistic creativity, and reflective engagement throughout the entire course.

Components of the Assessment

- **Conducting an integrative teaching demonstration (Music–Movement–Speech) based on the principles of Elemental Music ("Elementare Musik")**
- **Presentation of improvisational and creative work demonstrating an understanding of rhythm, melody, and form**
- **Submission of lesson plans and a portfolio in accordance with the pedagogical principles of the Orff-Schulwerk**
- **Overall evaluation of professional reflective ability and pedagogical competence**

Completion Requirements

Participation in all assessment components is mandatory. Successful completion of the Master II course is recognized upon achieving a passing overall evaluation in accordance with the guidelines of the Association.